



Skippers Hill Manor
Preparatory School

Introducing
Mr Martin
Sports Assistant
Joining
Skippers Hill Manor
in September 2018

What attracted you to the role at Skippers?

I was attracted to the role at Skippers while running the after-school hockey club throughout this past term. I have really enjoyed coaching all the children and feel the atmosphere at the school is amazing. I couldn't think of a better place to work during my gap year; doing something I really enjoy and I hope I can pass on my knowledge and enthusiasm of sport to all the children.

What skills and experience can you bring to Skippers?

I have been coaching hockey for four years; Starting as a young helper at my childhood hockey club, Crowborough. For the past few years, I have been coaching the U14 boys' and girls' teams in Kent and also U14 and U16 boys' teams at Sevenoaks. Over the last four years, I have worked with many experienced coaches, gaining lots of knowledge to use myself. During my time at school, I played as many sports as I possibly could; I hope I can use this knowledge and experience to help the children enjoy their time playing sport as much as I did at school. I am also looking to furthering my qualification in hockey and gain new qualifications in various sports this summer. I have spent the last two years doing A-level sports studies, as well as maths and physics, at sixth-form which I have found has increased my understanding of sports, exercise and how to deliver constructive sessions.

What do you enjoy doing in your spare time?

In my spare time, I enjoy playing competitive hockey at Sevenoaks where I am part of the 1st team, playing in the English national premier league. I also represent my county being the youngest member of the Sussex men's team. This means that I spend a large portion of my spare time running, swimming, cycling and resistance training to improve my fitness levels and to maximise my performance. I also enjoy travelling and experiencing new things, for example adventure sports, such as paddle boarding, surfing, kayaking, skiing and climbing.